

National CC Relays 22nd October 2005 - Young Females Results

	Stage 1		Stage 2		Stage 3	
1 Edinburgh Southern H "A"	Emily Dudgeon (U13)	4	Emily Stewart (U15)	1	Catriona Sinclair (U17)	1
	10:40	10:40	20:58	10:18	31:38	10:40
2 City of Glasgow "A"	Hollie Young (U13)	5	Josephine Moultrie (U15)	2	Rebecca Finch (U17)	2
	10:48	10:48	21:20	10:32	31:55	10:35
3 Aberdeen AAC "A"	Ellie Buchan (U13)	1	Christie Noble (U15)	3	Freya Prentice (U17)	3
	10:22	10:22	21:28	11:06	32:25	10:57
4 Kilbarchan AAC "A"	Kirsty Porteous (U13)	12	Natalie Sharp (U15)	7	Elsbeth Curran (U17)	4
	11:31	11:31	22:13	10:42	32:57	10:44
5 Whitemoss AAC "A"	Lauren Mooney (U13)	14	Laura McCord (U15)	6	Julie Whyteside (U17)	5
	11:33	11:33	22:08	10:35	33:10	11:02
6 Lothian RC "A"	Lana Turnbull (U13)	17	Sarah Inglis (U15)	8	Mhairi Inglis (U15)	6
	11:50	11:50	22:26	10:36	33:27	11:01
7 Fife AC "A"	Sarah Kelly (U13)	3	Jenny Tan (U15)	9	Jennifer Kibble (U17)	7
	10:38	10:38	22:37	11:59	33:27	10:50
8 Edinburgh Southern H "B"	Emily Owens (U13)	6	Laura Goodson (U15)	5	Katie McGregor (U17)	8
	10:58	10:58	21:55	10:57	33:57	12:02
9 Giffnock North "A"	Helena Brown (U13)	18	Nicole McLeod (U15)	12	Sarah Phee (U17)	9
	11:51	11:51	23:00	11:09	34:10	11:10
10 City of Edinburgh "A"	Samantha Blair (U13)	7	Megan Gaffney (U15)	14	Stephanie Lyall (U17)	10
	11:02	11:02	23:20	12:18	34:14	10:54
11 City of Glasgow "B"	Michaela Stephen (U13)	15	Elizabeth Potter (U15)	4	Louise Leadbetter (U17)	11
	11:40	11:40	21:44	10:04	34:26	12:42
12 Giffnock North "B"	Karin Belch (U13)	22	Catriona Lockie (U15)	15	Jennifer Conway (U17)	12
	12:09	12:09	23:22	11:13	34:29	11:07
13 Giffnock North "C"	Abigail Duff (U13)	19	Joanna Thomson (U15)	16	Ruth Joss (U17)	13
	11:53	11:53	23:25	11:32	34:38	11:13
14 Glasgow Sch Sport "A"	Katie McKnight (U13)	20	Samantha Kelly (U15)	19	Charlotte McShane (U17)	14
	11:56	11:56	23:51	11:55	34:41	10:50
15 East Kilbride AAC "A"	Fiona Borthwick (U13)	41	Stephanie Wright (U15)	23	Beth Duff (U15)	15
	13:03	13:03	24:11	11:08	34:41	10:30
16 Law & District "A"	Nicola Lindsay (U13)	2	Kirsty Appleton (U15)	10	Megan Sydenham (U17)	16
	10:36	10:36	22:40	12:04	35:07	12:27
17 Central AC "A"	Lorna Cameron (U13)	10	Catriona Buchanan (U15)	13	Rachel Hunter (U15)	17
	11:18	11:18	23:00	11:42	35:14	12:14
18 Kilbarchan AAC "B"	Vanessa Young (U13)	26	Lauren Young (U15)	21	Christina Rankin (U17)	18
	12:26	12:26	24:02	11:36	35:15	11:13
19 Dundee Hawkhill "A"	Rebecca Young (U13)	13	Yolanda Hodgson (U15)	17	Elizabeth MacLeish (U17)	19
	11:33	11:33	23:37	12:04	35:18	11:41
20 Edinburgh Southern H "D"	Bethany Dodds (U13)	21	Alice Loudon (U15)	11	Lorna Miller (U17)	20
	12:02	12:02	22:51	10:49	35:21	12:30
21 JW Kilmarnock "A"	Bethany Ross (U13)	23	Lois Shankland (U13)	20	Colleen Tait (U17)	21
	12:14	12:14	23:58	11:44	35:39	11:41
22 Edinburgh Southern H "C"	Louisa Stewart (U13)	35	Sarah Brown (U15)	18	Roslyn Campbell (U17)	22
	12:48	12:48	23:42	10:54	35:49	12:07
23 Ron Hill Cambus "A"	Mhairi Brown (U13)	33	Claire Wallace (U15)	25	Danielle Melville (U15)	23
	12:42	12:42	24:27	11:45	36:00	11:33
24 Kilbarchan AAC "C"	Elaine Eadie (U13)	31	Emma Leighton (U15)	29	Jillian Allan (U17)	24
	12:35	12:35	24:45	12:10	36:28	11:43
25 Giffnock North "E"	Sarah Small (U13)	39	Katy Gardiner (U15)	31	Anna Hilley (U15)	25
	13:01	13:01	24:53	11:52	36:31	11:38
26 Giffnock North "D"	Louise Bainbridge (U13)	32	Rachel McDowall (U15)	22	Lauren Hollinshead (U17)	26
	12:38	12:38	24:06	11:28	36:42	12:36
27 Corstorphine AAC "A"	Danielle Clyde (U13)	38	Mhairi Hunter (U15)	35	Megan Smith (U17)	27
	13:00	13:00	25:16	12:16	36:53	11:37
28 JW Kilmarnock "B"	Sarah McNish (U13)	27	Mia Tait (U15)	30	Maire Gorman (U17)	28
	12:28	12:28	24:50	12:22	37:08	12:18

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29 Central AC "B"	Mairi Gillespie (U13)	34	Fiona Cameron (U13)	34	Rebecca Hay (U15)	29
	12:47	12:47	25:11	12:24	37:17	12:06
30 Greenock Glenpark "A"	Emily Pollock (U13)	11	Katie Pollock (U15)	28	Natalie Donald (U17)	30
	11:27	11:27	24:41	13:14	37:22	12:41
31 Larkhall YMCA "A"	Eilish McCreddie (U13)	44	Sarah Archibald (U15)	32	Jodie Frame (U15)	31
	13:24	13:24	25:00	11:36	37:22	12:22
32 City of Glasgow "C"	Susie Nairn (U13)	45	Rachel McLellan (U15)	41	Helen Sweeney (U17)	32
	13:28	13:28	25:53	12:25	37:30	11:37
33 Kirkintilloch Oly "A"	Alexandra Lamond (U13)	8	Julie Connelly (U15)	27	Laura McKie (U17)	33
	11:07	11:07	24:36	13:29	37:32	12:56
34 Kilbarchan AAC "D"	Nile McMillan (U13)	42	Louise McDonald (U15)	42	Claire McNicol (U17)	34
	13:17	13:17	26:02	12:45	37:42	11:40
35 Pitreavie AAC "A"	Melissa Hynd (U13)	29	Kathryn Pennel (U13)	36	Stacey Louch (U15)	35
	12:29	12:29	25:18	12:49	37:47	12:29
36 Ron Hill Cambus "B"	Amy Mullan (U13)	36	Louise McKenna (U13)	44	R Forrest (U15)	36
	12:56	12:56	26:06	13:10	37:47	11:41
37 Central AC "C"	Georgia Quinn (U13)	25	Claire Tunaley (U15)	37	Gemma Milne (U15)	37
	12:23	12:23	25:29	13:06	37:53	12:24
38 Kirkintilloch Oly "B"	Deborah Hannah (U13)	9	Rebecca MacLennan (U15)	26	Sarah MacLennan (U17)	38
	11:08	11:08	24:27	13:19	37:55	13:28
39 Inverclyde AC "A"	Nynke Mullholland (U13)	46	Sammi Coyle (U15)	39	Susanna Spence (U17)	39
	13:32	13:32	25:36	12:04	37:58	12:22
40 Giffnock North "F"	Blythe Murphy (U13)	40	Caroline Adams (U15)	38	Rosie Atterton (U15)	40
	13:03	13:03	25:33	12:30	38:14	12:41
41 Irvine AC "B"	Paige Douglas (U13)	24	Sarah Munn (U15)	24	Lauren Collier (U17)	41
	12:16	12:16	24:22	12:06	38:38	14:16
42 Law & District "B"	Megan Gray (U13)	16	Emma Clarkson (U13)	40	Fiona Parkin (U15)	42
	11:50	11:50	25:44	13:54	38:49	13:05
43 Ayr Seaforth "A"	Rosalind MacDonald (U13)	50	Gina Van-Ulsen (U13)	46	Heather Ridland (U17)	43
	14:08	14:08	26:47	12:39	38:52	12:05
44 Kilbarchan AAC "E"	Nicole Caulfield (U13)	53	Michelle Bell (U15)	47	Hazel Blair (U17)	44
	15:06	15:06	26:54	11:48	39:28	12:34
45 Kilbarchan AAC "F"	Hannah Boyd (U13)	49	Lisa Petrie (U15)	49	Deborah Henderson (U15)	45
	13:58	13:58	27:20	13:22	39:32	12:12
46 Giffnock North "G"	Heather Howie (U13)	52	Effie Gray (U15)	48	Mhairi McCluskey (U15)	46
	14:47	14:47	27:12	12:25	39:53	12:41
47 JW Kilmarnock "D"	Stephanie Sloan (U13)	28	Emma Smith (U15)	43	Yvonne Richmond (U17)	47
	12:28	12:28	26:04	13:36	40:24	14:20
JW Kilmarnock "C"	Stephanie Miller (U13)	43	Amy Milliken (U15)	45	Heather Hall (U17)	48
	13:20	13:20	26:47	13:27	41:09	14:22
Irvine AC "A"	Victoria Conway (U13)	30	Nicole Bunyan (U15)	33	Rebecca Edge (U17)	49
	12:35	12:35	25:05	12:30	41:57	16:52
Kilbarchan AAC "G"	Katie McAlpine (U13)	47	Emma Darroch (U15)	50		
	13:34	13:34	28:06	14:32		
Kilbarchan AAC "H"	Ainsley Hards (U13)	37				
	12:59	12:59				
JW Kilmarnock "E"	Sophia Bernklow (U13)	48				
	13:49	13:49				
Giffnock North "H"	Paula Houston (U13)	51				
	14:35	14:35				

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	Stage 1		Stage 2		Stage 3	
1 City of Edinburgh "A"	Edward Dudgeon (U13)	2	Chris O'Hare (U15)	1	Darren Steel (U17)	1
	10:02	10:02	19:09	9:07	28:20	9:11
2 Central AC "A"	Roddy Irvine (U13)	20	Matthew Gillespie (U15)	3	Michael Gillespie (U17)	2
	10:48	10:48	19:52	9:04	28:57	9:05
3 Central AC "B"	David Hutchison (U13)	25	Sean Reilly (U15)	4	Scott McDonald (U17)	3
	10:55	10:55	19:58	9:03	28:59	9:01
4 Kilbarchan AAC "A"	Connor Henderson (U13)	6	Stuart King (U15)	8	Derek Hawkins (U17)	4
	10:25	10:25	20:18	9:53	29:01	8:43
5 Ron Hill Cambus "A"	Stewart Orr (U13)	4	Andrew Coulter (U15)	12	Ryan Dickson (U17)	5
	10:18	10:18	20:33	10:15	29:34	9:01
6 JW Kilmarnock "A"	Craig Robertson (U13)	7	James Wales (U15)	7	Cameron Wilson (U17)	6
	10:25	10:25	20:17	9:52	29:35	9:18
7 Pitreavie AAC "A"	Craig Robinson (U13)	1	Alan Love (U15)	9	Douglas Newsom (U17)	7
	9:59	9:59	20:26	10:27	29:45	9:19
8 Kilbarchan AAC "B"	Jack Lochans (U13)	36	Callum Hawkins (U15)	20	Scott Hawkins (U17)	8
	11:14	11:14	20:52	9:38	29:45	8:53
9 East Kilbride AAC "A"	Adam Gatens (U13)	12	David Gorman (U15)	5	Jamie Clements (U17)	9
	10:40	10:40	20:05	9:25	29:56	9:51
10 Kirkintilloch Oly "A"	Craig McIntyre (U13)	22	Matthew Graham (U15)	14	Allan Ramsay (U17)	10
	10:50	10:50	20:41	9:51	29:56	9:15
11 Shettleston Harriers "A"	Andrew Dearie (U13)	3	Lachlan Oates (U15)	2	Thomas McDermott (U17)	11
	10:14	10:14	19:42	9:28	30:03	10:21
12 Victoria Park AAC "A"	Paul MacFarlane (U13)	32	Gregor Innes (U15)	15	Martin Hayes (U17)	12
	11:07	11:07	20:42	9:35	30:05	9:23
13 Nithsdale AC "A"	Grant Middlemiss (U13)	19	Philip Middlemiss (U15)	13	Ross Hasting (U17)	13
	10:47	10:47	20:34	9:47	30:07	9:33
14 Aberdeen AAC "A"	Ryan Gauld (U13)	17	James Joy (U15)	17	Mark Haskett (U17)	14
	10:43	10:43	20:46	10:03	30:10	9:24
15 Kilbarchan AAC "C"	Graham Evans (U13)	14	Craig MacDonald (U15)	16	Stephen McGoldrick (U17)	15
	10:43	10:43	20:45	10:02	30:20	9:35
16 Giffnock North "B"	Drew Hollinshead (U13)	11	Steven Gray (U15)	10	Ross McLearnie (U17)	16
	10:38	10:38	20:27	9:49	30:20	9:53
17 Giffnock North "A"	Max Lott (U13)	37	Miles Hollinshead (U15)	19	James Baird (U17)	17
	11:15	11:15	20:50	9:35	30:27	9:37
18 Aberdeen AAC "B"	Lewis Stephen (U13)	23	Cameron Strachan (U15)	25	Myles Edwards (U17)	18
	10:51	10:51	20:59	10:08	30:28	9:29
19 North Uist AAC "A"	Olan Spears (U13)	9	Eoghainn MacIsaac (U15)	24	Ian Francis MacDonald (U17)	19
	10:31	10:31	20:59	10:28	30:29	9:30
20 Moray Road Runners "A"	Scott Miller (U13)	18	Robbie Cammack (U15)	22	Kenneth Wilson (U17)	20
	10:45	10:45	20:54	10:09	30:29	9:35
21 Corstorphine AAC "A"	Callum Smith (U13)	40	Fraser Scott (U15)	31	Calum McKenzie (U17)	21
	11:26	11:26	21:19	9:53	30:33	9:14
22 Kilbarchan AAC "D"	Paul Moore (U13)	13	Scott MacAulay (U15)	32	Paul Leck (U17)	22
	10:41	10:41	21:20	10:39	30:46	9:26
23 Irvine AC "A"	Jason Connelly (U13)	51	Ryan McDonald (U15)	35	Daniel Swanson (U17)	23
	11:45	11:45	21:45	10:00	30:48	9:03
24 Giffnock North "C"	Iain Gardner (U13)	24	Lyle Frank (U15)	21	Stuart Whiteford (U17)	24
	10:53	10:53	20:54	10:01	30:50	9:56
25 Inverclyde AC "A"	Paul Currie (U13)	10	Andrew Campbell (U15)	11	Sean Gaffney (U17)	25
	10:32	10:32	20:28	9:56	30:53	10:25
26 Central AC "D"	Tom Watson (U13)	21	Alexander Hendry (U15)	26	Graham Harvey (U17)	26
	10:48	10:48	20:59	10:11	31:02	10:03
27 Kilbarchan AAC "E"	Thomas McDonald (U13)	39	Blair Crawford (U15)	38	Grant Higgins (U17)	27
	11:23	11:23	21:51	10:28	31:04	9:13
28 Ayr Seaforth "A"	Andrew Rae (U13)	5	Alex Oliver (U15)	6	Craig Hutton (U17)	28
	10:21	10:21	20:12	9:51	31:09	10:57
29 Whitemoss AAC "A"	Ross McCord (U13)	29	Gary Mooney (U15)	28	David Robertson (U17)	29
	11:02	11:02	21:06	10:04	31:11	10:05
30 Shettleston Harriers "C"	Adam Drummond (U13)	33	Ryan Taylor (U13)	43	Liam McLaughlin (U17)	30
	11:10	11:10	22:10	11:00	31:18	9:08
31 Aberdeen AAC "C"	Sigurd Watt (U13)	42	Rory Leslie (U15)	34	Euan Reilly (U17)	31
	11:28	11:28	21:44	10:16	31:19	9:35
32 Ron Hill Cambus "B"	Liam Deeny (U13)	35	R Millar (U15)	37	Raymond Black (U17)	32
	11:13	11:13	21:49	10:36	31:22	9:33
33 East Kilbride AAC "B"	Corey Little (U13)	28	John Fergusson (U15)	29	Niall Walker (U17)	33
	10:57	10:57	21:13	10:16	31:24	10:11

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34 Kirkintilloch Oly "B"	Christopher Allan (U13)	30	Adam Hamilton (U15)	27	Kevin Cornes (U17)	34
	11:03	11:03	21:02	9:59	31:31	10:29
35 Falkirk Victoria H "A"	Darren Weir (U13)	8	Jamie Stevenson (U15)	23	Scott Leckie (U17)	35
	10:25	10:25	20:56	10:31	31:46	10:50
36 Kirkintilloch Oly "C"	Scott Lawrie (U13)	47	Neill Hamilton (U15)	39	Adam Peters (U17)	36
	11:41	11:41	21:55	10:14	31:47	9:52
37 Giffnock North "D"	Alistair McCallum (U13)	31	Ewan McCallum (U15)	30	Daniel Johnstone (U17)	37
	11:05	11:05	21:15	10:10	31:51	10:36
38 Dundee Hawkhill "A"	James Smith (U13)	38	Samuel Kelway (U15)	36	Ewan Glassey (U17)	38
	11:16	11:16	21:47	10:31	32:02	10:15
39 Irvine AC "B"	Niall Kearney (U13)	56	John Kerr (U15)	47	William Morgan (U17)	39
	11:50	11:50	22:39	10:49	32:13	9:34
40 Lothian RC "A"	Zack Jones (U13)	55	Robert Inglis (U15)	40	Darren Thomson (U17)	40
	11:49	11:49	22:02	10:13	32:24	10:22
41 Pitreavie AAC "B"	Peter Henderson (U13)	58	Magnus Olafsson (U15)	45	Tom Fleming (U17)	41
	12:07	12:07	22:24	10:17	32:33	10:09
42 Central AC "C"	Ross Milne (U13)	34	Anthony Gillespie (U15)	41	David Devlin (U17)	42
	11:12	11:12	22:02	10:50	32:33	10:31
43 Kilbarchan AAC "G"	Christopher McGeoch (U13)	64	Stuart Miller (U15)	58	Stuart Brown (U17)	43
	12:54	12:54	23:30	10:36	32:45	9:15
44 Aberdeen AAC "D"	Ross Wilson (U13)	54	Thomas Joy (U15)	48	Mark Ibbotson (U17)	44
	11:47	11:47	22:44	10:57	32:55	10:11
45 North Uist AAC "B"	Fraser MacDonald (U13)	52	Vince Gilgallon (U15)	49	Angus MacDougall (U17)	45
	11:47	11:47	22:49	11:02	33:02	10:13
46 Giffnock North "E"	Matthew Cumming (U13)	45	Greg Turner (U15)	42	David Walker (U17)	46
	11:37	11:37	22:09	10:32	33:08	10:59
47 Giffnock North "F"	Max Costello (U13)	57	Paul Bainbridge (U15)	54	Jordan Clark (U17)	47
	12:04	12:04	23:14	11:10	33:10	9:56
48 Kilbarchan AAC "F"	Callum Blair (U13)	59	Andrew McAlpine (U15)	52	Andrew Black (U17)	48
	12:07	12:07	22:59	10:52	33:36	10:37
49 Ron Hill Cambus "C"	Jack Hamilton (U13)	49	Andrew Grant (U15)	57	Paul McGarry (U17)	49
	11:42	11:42	23:26	11:44	33:38	10:12
50 Falkirk Victoria H "B"	Ben Stevenson (U13)	43	Fraser Stirling (U15)	44	Andrew Crone (U15)	50
	11:29	11:29	22:14	10:45	33:38	11:24
51 North Uist AAC "C"	Andrew Currie (U13)	53	Calum MacDonald (U15)	55	Stewart Johnson (U17)	51
	11:47	11:47	23:21	11:34	33:57	10:36
52 Victoria Park AAC "B"	Lewis Wilson (U13)	63	Michael Gray (U15)	53	Stewart Booth (U17)	52
	12:16	12:16	23:06	10:50	34:07	11:01
53 Gala Harriers "A"	Murray Lemmon (U13)	27	Cameron Fair (U15)	33	Ian Frater (U17)	53
	10:57	10:57	21:43	10:46	34:11	12:28
54 JW Kilmarnock "B"	Euan Driffield-Waddell (U13)	62	Mathew Daley (U15)	46	Stuart Munro (U17)	54
	12:14	12:14	22:33	10:19	34:15	11:42
55 Calderglen H "A"	Ewan Murray (U13)	46	Ben Ferguson (U15)	56	Jamie Ferguson (U15)	55
	11:40	11:40	23:24	11:44	34:33	11:09
56 JW Kilmarnock "C"	Cameron Mackie (U13)	44	Jamie Hannah (U15)	50	Ryan Kennedy (U17)	56
	11:30	11:30	22:57	11:27	34:42	11:45
57 Corstorphine AAC "B"	Jack Keane (U13)	50	Hamish Hepburn (U15)	60	Craig Knowles (U15)	57
	11:45	11:45	24:20	12:35	36:18	11:58
58 Kirkintilloch Oly "D"	David Morecroft (U13)	61	Callum Pettigrew (U15)	62	Mitchell MacGuire (U15)	58
	12:11	12:11	25:21	13:10	37:42	12:21
59 Kilbarchan AAC "H"	Andrew Cunningham (U13)	65	Greg Brown (U13)	63	Graeme Wallace (U17)	59
	15:31	15:31	28:11	12:40	39:10	10:59
Shettleston Harriers "B"	Nicholas Devlin (U13)	15	Ruairidh Munro (U15)	18		
	10:43	10:43	20:49	10:06		
Shettleston Harriers "D"	Gary Smith (U13)	16	Andrew Clunes (U15)	51		
	10:43	10:43	22:58	12:15		
JW Kilmarnock "D"	Andrew Martin (U13)	41	David Clark (U15)	59		
	11:27	11:27	23:46	12:19		
Giffnock North "G"	Alan Clark (U13)	48	Jamie McGregor (U15)	61		
	11:42	11:42	24:29	12:47		
Giffnock North "H"	Scott King (U13)	26				
	10:55	10:55				
Ron Hill Cambus "D"	Michael Rankin (U13)	60				
	12:11	12:11				

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	Stage 1		Stage 2		Stage 3	
1 Edinburgh Southern H "A"	Hayley Ovens	1	Marbeth Shiell	1	Susan Ridley	1
	15:13	15:13	30:55	15:42	47:04	16:09
2 Central AC "A"	Jennifer Emsley	4	Hazel Dean	3	Morag MacLarty	2
	16:08	16:08	32:48	16:40	48:01	15:13
3 Edinburgh Uni "A"	Rosie Smith	2	Anna Haw	2	Sarah Hood	3
	15:23	15:23	32:40	17:17	49:15	16:35
4 City of Glasgow "A"	Suzanne Benyon/Owen	3	Susan Finch	5	Claire McCracken	4
	15:57	15:57	33:18	17:21	49:42	16:24
5 Bellahouston RR "A"	Helen Stuart	5	Emma Birnie	7	Elke Schmidt	5
	16:15	16:15	33:48	17:33	49:45	15:57
6 Aberdeen AAC "A"	Sonia Armitage	8	Rhona Buchan	8	Nicola Gauld	6
	16:42	16:42	33:54	17:12	49:52	15:58
7 Central AC "B"	Ainsley Normand	10	Claire Waterhouse	9	Rowena Bell-Scott	7
	17:02	17:02	34:03	17:01	51:21	17:18
8 City of Edinburgh "A"	Debra Murray	19	Eilidh Wardlaw	12	Jennifer MacLean	8
	17:30	17:30	35:23	17:53	51:33	16:10
9 JW Kilmarnock "A"	Lindsay McMahon	9	Allison Higgins	4	Kara Tait	9
	16:47	16:47	33:17	16:30	51:40	18:23
10 City of Glasgow "B"	Heather Calderwood	18	Claire Prenter	14	Pamela Nicholson	10
	17:26	17:26	35:55	18:29	51:50	15:55
11 Falkirk Victoria H "A" (V)	Janette Stevenson	14	Caroline Lawless	10	Fiona Matheson	11
	17:20	17:20	35:09	17:49	51:59	16:50
12 Fife AC "A"	Fay Potton	15	Lisa Gamble	11	Sarah Cullen	12
	17:22	17:22	35:18	17:56	52:35	17:17
13 Pitreavie AAC "A"	Sharon Lamont	24	Eilidh Child	16	Trudi Thomson	13
	17:56	17:56	36:16	18:20	53:15	16:59
14 Carnegie H "A"	Fabienne Thompson	21	Nicola May	18	Sarah Legge	14
	17:46	17:46	36:36	18:50	53:20	16:44
15 Stirling Univ AC "A"	Christine Bertram	12	Begona Julian	13	Fiona Ramsay	15
	17:13	17:13	35:31	18:18	53:28	17:57
16 Gala Harriers "A"	Katy Anderson	28	Melanie Goodson	20	Fiona Dalgleish	16
	18:12	18:12	36:48	18:36	54:25	17:37
17 Shettleston H Ladies "A"	Michelle Sandison	6	Frances Florence	6	Christine Catterson	17
	16:21	16:21	33:45	17:24	54:25	20:40
18 City of Edinburgh "B"	Lianne Harrison	20	Mandy Calder	22	Kim Threadgall	18
	17:46	17:46	37:00	19:14	54:29	17:29
19 Helensburgh AAC "A"	Michelle Hetherington	17	Jennifer Fitzgerald	21	Julia Kennedy	19
	17:26	17:26	36:49	19:23	54:33	17:44
20 Hunters Bog T "A"	Claire Gordon	11	Deborah McDonald	15	Isobel Knox	20
	17:09	17:09	36:13	19:04	54:57	18:44
21 Lothian RC "A"	Saran Jones	36	Margaret Turnbull	36	Edel Mooney	21
	18:59	18:59	39:11	20:12	55:01	15:50
22 Clydesdale Harriers "A"	Yvonne Green	25	Catherine Sibley	17	Aileen Scott	22
	17:59	17:59	36:19	18:20	55:15	18:56
23 Kilbarchan AAC "A"	Claire MacAulay	29	Nicola Fleming	25	Karen Yule	23
	18:28	18:28	37:18	18:50	55:24	18:06
24 Bellahouston RR "B"	Claire Wharton	26	Frances Thompson	26	Johanna Jefferies	24
	18:05	18:05	37:22	19:17	55:31	18:09
25 Pitreavie AAC "B"	Hazel Bradley	39	Lauren Candlish	28	Hannah Norman	25
	19:05	19:05	37:52	18:47	55:45	17:53
26 Garscube H "B"	Marion Kelly	31	Jill O'Neil	24	Carole Gilmour	26
	18:31	18:31	37:07	18:36	56:17	19:10

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27 Giffnock North "A"	Catherine Scott	35	Kerry McGee	31	Maureen McVey	27
	18:57	18:57	38:10	19:13	56:29	18:19
28 East Kilbride AAC "A"	Kelly Smith	13	Angela Martin	19	Valerie Martin	28
	17:17	17:17	36:42	19:25	57:25	20:43
29 Central AC "C" (V)	Jane Waterhouse	27	Elinor Coombs	27	Mary Kerr	29
	18:08	18:08	37:41	19:33	57:43	20:02
30 Giffnock North "B" (V)	Janette Maley	44	Carol Love	34	Sylvia Campbell	30
	20:00	20:00	38:50	18:50	58:13	19:23
31 Fife AC "B" (V)	Jocelyn Scott	37	Phyllis Lemoncello	39	Lorna Sibbett	31
	19:03	19:03	39:33	20:30	58:19	18:46
32 Kirkintilloch Oly "A"	Fiona Gentles	23	Shirley MacNab	32	Aida Stewart	32
	17:48	17:48	38:26	20:38	58:38	20:12
33 Kilbarchan AAC "B"	Katherine Wilkie	43	Cara Sloss	33	Cara Bryce	33
	19:54	19:54	38:36	18:42	58:48	20:12
34 Greenock Glenpark "A"	Alison King	33	Anne Hay	23	Margaret MacCabe	34
	18:31	18:31	37:06	18:35	59:01	21:55
35 JW Kilmarnock "B" (V)	Paula Wilson	30	Rosemary McMillan	30	Jan Mcleod	35
	18:29	18:29	37:59	19:30	59:08	21:09
36 Calderglen H "A" (V)	Eileen Reid	34	Frances Maxwell	38	Mary Goldsmith	36
	18:44	18:44	39:31	20:47	1:00:52	21:21
37 Bellahouston RR "C"	Jane Wild	45	Kate Gray	41	Julia Harris	37
	20:09	20:09	41:29	21:20	1:01:48	20:19
38 Corstorphine AAC "A"	Gillian Cockerell	40	Rebecca O'Brien	35	Susan Waddell	38
	19:27	19:27	38:51	19:24	1:01:48	22:57
39 JW Kilmarnock "C"	Morag Cairns	49	Jade Minto	45	Susan Fleming	39
	21:58	21:58	43:36	21:38	1:05:44	22:08
40 Kirkintilloch Oly "B" (V)	Alison Graham	51	Lorraine Hepburn	47	Lesley Neil	40
	24:19	24:19	47:38	23:19	1:06:41	19:03
41 Larkhall YMCA "A"	Christina Whitelaw	42	Margaret Smith	44	Irene Morrison	41
	19:50	19:50	43:26	23:36	1:09:40	26:14
Penicuik Harriers "A"	Sarah Blake	7	Rachael Campbell	29		
	16:31	16:31	37:52	21:21		
Fife AC "C"	Rhona Van-Rensburg	22	Kate Pether-Smith	37		
	17:48	17:48	39:25	21:37		
City of Edinburgh "C"	Hazel Sneddon	46	Susan Hyatt	40		
	20:28	20:28	40:49	20:21		
Stirling Univ AC "B"	Katie Stewart	48	Anna McRobb	42		
	21:18	21:18	41:54	20:36		
Giffnock North "C"	Mary Anderson	50	Jacqueline Nicol	43		
	22:30	22:30	42:57	20:27		
Carnegie H "B"	Angela Sharp	41	Mehrmaz Campbell	46		
	19:38	19:38	46:43	27:05		
Edinburgh Uni "B"	Fiona Rudkin	16				
	17:22	17:22				
Falkirk Victoria H "B"	Lynne Murray	32				
	18:31	18:31				
Hunters Bog T "B"	Sandra Rathjen	38				
	19:05	19:05				
Lothian RC "B"	Lorna Eades	47				
	21:11	21:11				

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	Stage 1		Stage 2		Stage 3		Stage 4	
1 Central AC "A"	Alastair Hay	1	Ross Houston	1	Alasdair Anthony	1	Robert Russell	1
	13:15	13:15	27:13	13:58	40:41	13:28	53:33	12:52
2 City of Edinburgh "B"	Mark Mitchell	12	Darren Gauson	2	Grant Stewart	3	Kris Gauson	2
	13:58	13:58	27:15	13:17	41:09	13:54	54:37	13:28
3 Inverclyde AC "A"	Graeme Hyett	22	Craig Ruddy	8	Thomas Murray	6	Mark Pollard	3
	14:23	14:23	28:02	13:39	41:52	13:50	54:47	12:55
4 Kilbarchan AAC "A"	Calum Morrison	14	Robert Quinn	5	Conor McNulty	2	Thomas Hearle	4
	14:04	14:04	27:44	13:40	40:57	13:13	54:52	13:55
5 Ron Hill Cambus "A"	Charles Thomson	10	John Brown	6	Robert Gilroy	4	Iain MacCorquodale	5
	13:48	13:48	27:44	13:56	41:29	13:45	55:01	13:32
6 Ron Hill Cambus "B"	Duncan Cochrane	9	Andrew Wright	3	David Ward	5	Jamie Reid	6
	13:45	13:45	27:30	13:45	41:48	14:18	55:19	13:31
7 Irvine AC "A"	David Millar	4	George Irving	7	William Richardson	8	Lee Richardson	7
	13:33	13:33	27:49	14:16	41:59	14:10	55:41	13:42
8 Corstorphine AAC "A"	Bryan Clark	16	Moray Anderson	4	Douglas Selman	9	Tom Ferrington	8
	14:10	14:10	27:42	13:32	42:05	14:23	56:02	13:57
9 Shettleston Harriers "A"	Brian McGarrity	15	Paul Sorrie	9	Stuart Gibson	7	Stephen Matthews	9
	14:10	14:10	28:06	13:56	41:57	13:51	56:18	14:21
10 Shettleston Harriers "B"	Ryan Montgomery	11	Gordon Phillips	12	Kenneth McCoy	10	Alex Macdonald	10
	13:50	13:50	28:15	14:25	42:10	13:55	56:56	14:46
11 Kirkintilloch Oly "A"	David Gardiner	3	John McLoone	14	Chris Stewart	14	Stuart Kerr	11
	13:30	13:30	28:32	15:02	43:02	14:30	57:39	14:37
12 Carnegie H "A"	Ian Stewart	17	John Hargreaves	15	Lewis Lawson	16	Thomas Lawrence	12
	14:15	14:15	28:37	14:22	43:24	14:47	57:43	14:19
13 Ayr Seaforth "A"	Robert Napier	7	Francis Napier	10	Colin Souter	11	Alex Allardyce	13
	13:42	13:42	28:11	14:29	42:42	14:31	57:45	15:03
14 Edinburgh Uni "A"	Ben Cole	19	John Henderson	19	James Williamson	18	James McMullen	14
	14:21	14:21	28:58	14:37	44:03	15:05	58:02	13:59
15 Greenock Glenpark "A"	Christopher MacKay	6	Andrew McCall	13	Robert Docherty	12	Robert Wilson	15
	13:42	13:42	28:18	14:36	42:53	14:35	58:35	15:42
16 Shettleston Harriers "C" (V)	Robert Soutar	30	Andy Little	17	William Coyle	13	John Duffy	16
	14:44	14:44	28:56	14:12	43:01	14:05	58:38	15:37
17 Law & District "A"	Jamie McMorrow	28	Steven Lawley	21	Steven Allan	19	Mark Hand	17
	14:40	14:40	29:10	14:30	44:04	14:54	58:41	14:37
18 Kilbarchan AAC "B"	Fraser Williams	26	David Boal	25	James Snodgrass	17	John McMillan	18
	14:33	14:33	29:35	15:02	44:00	14:25	58:50	14:50
19 Fife AC "A"	Graham Bee	5	Christopher Russell	11	Neil Young	15	Bryce Aitken	19
	13:37	13:37	28:15	14:38	43:05	14:50	59:18	16:13
20 Central AC "B"	Michael Wright	25	Lewis Millar	18	Alan Hume	21	Murray MacLarty	20
	14:30	14:30	28:58	14:28	44:20	15:22	59:27	15:07
21 Stirling Univ AC "A"	Iain Whittaker	23	Colin Dalziel	35	Andrew Combe	29	Gavin Hogarth	21
	14:27	14:27	30:25	15:58	45:19	14:54	59:32	14:13
22 Corstorphine AAC "B"	Chris O'Brien	27	Scott Pilkington	22	Ewan Stark	20	Timothy Norwood	22
	14:34	14:34	29:13	14:39	44:05	14:52	59:40	15:35
23 Irvine AC "B"	Stephen Daye	24	Scott McKendrick	28	Ronnie Ballantyne	22	Colin Miller	23
	14:30	14:30	29:54	15:24	44:22	14:28	59:47	15:25
24 City of Edinburgh "A" (V)	Adam Ward	33	Robert Riddell	37	Keith Lyle	30	Martin Ferguson	24
	15:04	15:04	30:40	15:36	45:30	14:50	1:00:02	14:32
25 Giffnock North "A"	David Phee	18	Angus MacCormick	26	Douglas Rathey	24	Marc Roper	25
	14:17	14:17	29:39	15:22	44:39	15:00	1:00:15	15:36
26 City of Edinburgh "C"	Stephen Maniam	21	Steven Wales	23	Andrew Laycock	26	Keith Dunlop	26
	14:23	14:23	29:20	14:57	44:44	15:24	1:00:20	15:36
27 Victoria Park AAC "A"	Andy Young	41	Derek Watson Jnr.	16	Philip Carter	23	Derek Watson Snr.	27
	15:16	15:16	28:56	13:40	44:32	15:36	1:00:21	15:49
28 Lothian RC "A"	Ross Milne	8	Murray Robertson	24	Alan McIntosh	33	Colin Meek	28
	13:45	13:45	29:27	15:42	45:39	16:12	1:00:23	14:44
29 Dundee Hawkhill "B" (V)	Matthew Strachan	20	Craig Ross	32	Pete Fox	31	John Hepburn	29
	14:21	14:21	30:10	15:49	45:34	15:24	1:00:27	14:53

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30 Metro Aberdeen "A"	Andrew Reid	43	Forbes Reid	38	Mark Johnston	36	Keith Farquhar	30
	15:24	15:24	30:53	15:29	46:16	15:23	1:00:29	14:13
31 Pitreavie AAC "A"	Derek Simpson	38	Paul McCloskey	30	Stewart Reid	25	Stuart Chisholm	31
	15:14	15:14	29:59	14:45	44:42	14:43	1:00:51	16:09
32 Fife AC "B" (V)	John Thomson	34	Tom Scott	33	David Anderson	32	John Murdoch	32
	15:07	15:07	30:15	15:08	45:36	15:21	1:01:40	16:04
33 Clydesdale Harriers "A"	Mark Rudzinski	31	Michael Diver	39	Craig Calderwood	34	James Austin	33
	14:49	14:49	30:56	16:07	46:15	15:19	1:01:52	15:37
34 Hunters Bog T "A"	Steven Cairns	2	Geoff Simpson	20	Jon Rathjen	28	Mark Roberts	34
	13:25	13:25	29:01	15:36	45:12	16:11	1:01:54	16:42
35 Inverclyde AC "B"	Gerard Gaffney	29	David McElhinney	29	Robert Gray	39	Gavin Morrison	35
	14:42	14:42	29:56	15:14	47:01	17:05	1:02:01	15:00
36 Ron Hill Cambus "C"	Ian Munro	13	Michael O'Hagan	27	Alistair Campbell	37	A Steven	36
	14:03	14:03	29:45	15:42	46:37	16:52	1:02:18	15:41
37 Dundee Hawkhill "A"	Stephen Mason	48	Neil Gunstone	34	Gordon Watson	35	David Mitchell	37
	15:37	15:37	30:18	14:41	46:16	15:58	1:03:05	16:49
38 Calderglen H "A"	Martin Duthie	36	Alan Cullie	40	Stuart Waugh	44	Alan Derrick	38
	15:10	15:10	31:01	15:51	47:57	16:56	1:03:13	15:16
39 Central AC "D" (V)	Robert Hutchison	69	Alex Milne	44	Steve Laing	38	Robert Stott	39
	16:28	16:28	31:32	15:04	46:45	15:13	1:03:13	16:28
40 Bellahouston RR "A"	Paul McNally	71	Russell Whittington	57	Colin McGill	45	Liam Conway	40
	16:32	16:32	32:25	15:53	48:03	15:38	1:03:28	15:25
41 Carnegie H "B" (V)	Andrew Hunter	50	Peter Humphreys	42	Peter Simpson	41	Ian Johnston	41
	15:41	15:41	31:26	15:45	47:16	15:50	1:03:33	16:17
42 East Kilbride AAC "A"	Edgar Ramage	80	Graeme Haddow	72	Mark Smith	63	Grant Baillie	42
	17:08	17:08	33:33	16:25	49:27	15:54	1:03:40	14:13
43 Bellahouston RR "B"	Andrew Birnie	64	Ken Macmahon	66	Stewart Robertson	51	Kenneth Macbeth	43
	16:15	16:15	32:40	16:25	48:46	16:06	1:04:13	15:27
44 Falkirk Victoria H "B" (V)	Michael McQuaid	46	Neil Robertson	36	William Higgins	43	John Stevenson	44
	15:34	15:34	30:30	14:56	47:29	16:59	1:04:21	16:52
45 Springburn Harriers "A"	Joseph Chambers	61	Robert Young	41	Andrew Callan	40	Alan Hill	45
	16:11	16:11	31:04	14:53	47:11	16:07	1:04:24	17:13
46 Giffnock North "B"	Martin O'Donnell	75	Norman Galbraith	62	Gerard McNamee	46	Derek Breen	46
	16:54	16:54	32:35	15:41	48:21	15:46	1:04:37	16:16
47 Corstorphine AAC "D" (V)	Graeme Fletcher	49	Martin Caldwell	48	Martin Hulme	48	David Law	47
	15:39	15:39	31:55	16:16	48:34	16:39	1:04:51	16:17
48 Fife AC "C"	John Kay	51	Vincent MacPherson	56	John MacPherson	54	Gary Pirie	48
	15:41	15:41	32:21	16:40	48:54	16:33	1:04:58	16:04
49 Central AC "C"	Martin Crawford	54	Miguel Merayo	46	Craig Walker	55	Ian Beattie	49
	15:55	15:55	31:42	15:47	48:56	17:14	1:05:01	16:05
50 Ron Hill Cambus "D"	Robert Lyon	65	David Fairweather	76	Brian Campbell	66	Alistair Campbell	50
	16:15	16:15	34:01	17:46	49:49	15:48	1:05:03	15:14
51 Garscube H "A"	Robert McLennan	45	Jonathan Austin	64	Marco Consani	56	David Atkin	51
	15:31	15:31	32:36	17:05	48:58	16:22	1:05:05	16:07
52 Motherwell AC "A" (V)	Benjamin Hands	42	Brian McLinden	58	John Hughes	50	James Allan	52
	15:20	15:20	32:28	17:08	48:45	16:17	1:05:08	16:23
53 Kirkintilloch Oly "B"	Colin Burns	52	Alistair Allan	69	Robert Rogerson	65	Edward McLoone	53
	15:43	15:43	32:55	17:12	49:32	16:37	1:05:28	15:56
54 Clydesdale Harriers "B" (V)	Pete Cartwright	72	Augustine Cairney	59	Ronald Hurt	57	Robert Young	54
	16:41	16:41	32:28	15:47	49:01	16:33	1:05:44	16:43
55 Gala Harriers "A"	Struan King	56	John Cairns	52	Ron Logan	42	David Darroch	55
	16:03	16:03	32:13	16:10	47:25	15:12	1:05:48	18:23
56 JW Kilmarnock "A"	Steven Mcneill	60	Jim Goldie	71	David Mitchell	69	Jamie McMorrow	56
	16:08	16:08	33:28	17:20	50:43	17:15	1:05:53	15:10
57 Perth Road Runners "A" (V)	Derek Phillips	67	Martin Ryan	65	Stephen Ferguson	61	Neil Muir	57
	16:23	16:23	32:40	16:17	49:23	16:43	1:05:58	16:35
58 Westerlands CCC "A"	Chris Upson	37	Steffen Gorgas	54	Gibson Fleming	58	Charles Campbell	58
	15:14	15:14	32:16	17:02	49:09	16:53	1:06:04	16:55
59 Greenock Glenpark "B"	Alan O'Rourke	68	Richard Davidson	61	Norman Hay	52	David Henderson	59
	16:23	16:23	32:32	16:09	48:54	16:22	1:06:10	17:16
60 Ron Hill Cambus "E" (V)	Gerry Reid	40	Alexander Eaglesham	55	Thomas McPake	53	Ian Gordon	60
	15:16	15:16	32:18	17:02	48:54	16:36	1:06:12	17:18

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61 Lothian RC "B"	David Eades	70	Richard Docherty	67	Richard Moir	64	Donald Shaw	61
	16:28	16:28	32:40	16:12	49:30	16:50	1:06:28	16:58
62 Irvine AC "C" (V)	Andrew Rennie	55	Brian Craig	45	Iain Fraser	47	James White	62
	16:00	16:00	31:32	15:32	48:29	16:57	1:06:31	18:02
63 Pitreavie AAC "C"	Barry Davie	58	Stephen Skene	60	Sean McQueen	49	Stuart Forrester	63
	16:05	16:05	32:28	16:23	48:37	16:09	1:06:38	18:01
64 Ayr Seaforth "B"	Paul Turnbull	35	Kevan Fulton	50	Connell Drummond	59	Tom McCulloch	64
	15:10	15:10	32:04	16:54	49:12	17:08	1:06:56	17:44
65 Giffnock North "C"	Derren Thomson	66	David Williamson	51	Ian Millar	60	Robin Kyle	65
	16:15	16:15	32:11	15:56	49:21	17:10	1:07:05	17:44
66 Inverclyde AC "C"	Stuart Dalgleish	63	Kenneth Morrison	70	David Dunn	67	Robert Shaw	66
	16:11	16:11	33:09	16:58	49:54	16:45	1:07:44	17:50
67 Pitreavie AAC "B" (V)	Jiff Farquhar	44	Archibald Duncan	47	Stephen Newsom	68	Colin Simpson	67
	15:29	15:29	31:49	16:20	50:06	18:17	1:08:03	17:57
68 Gala Harriers "B" (V)	Alistair Laurie	59	Malcolm Gowans	80	Jack Knox	70	Martin Clarke	68
	16:08	16:08	34:56	18:48	51:39	16:43	1:08:52	17:13
69 Kilbarchan AAC "C" (V)	Donald Petrie	47	David Mewse	53	Jason Pender	71	Steven Hards	69
	15:34	15:34	32:13	16:39	51:53	19:40	1:09:42	17:49
70 City of Edinburgh "D" (V)	Brian Howie	86	Nigel Munro	74	John Steel	62	Eric Stevenson	70
	17:35	17:35	33:53	16:18	49:25	15:32	1:09:50	20:25
71 Fife AC "E"	David Melville Scobie	85	Ian Poolman	81	Stuart Knowles	75	Stewart Biggar	71
	17:31	17:31	35:05	17:34	52:56	17:51	1:09:56	17:00
72 Calderglen H "B"	Gerard Mullen	82	George Stewart	78	Jim Holmes	73	Roderick Shanks	72
	17:13	17:13	34:52	17:39	52:24	17:32	1:10:06	17:42
73 Stirling Univ AC "B"	Malchom Harvey	76	Andy McGregor	73	Daniel Mathieson	72	Ian Greep	73
	17:00	17:00	33:47	16:47	52:11	18:24	1:10:34	18:23
74 Ferranti AAC "A" (V)	Keith Weston	89	Alex Bell	93	Walter Fairmie	82	Trevor Ridley	74
	17:57	17:57	37:18	19:21	54:10	16:52	1:10:59	16:49
75 Carnegie H "C" (V)	Robbie McKenzie	81	Tommy Lawlor	84	Phil Smithard	78	Alan Cockburn	75
	17:11	17:11	35:17	18:06	53:25	18:08	1:11:06	17:41
76 Central AC "E" (V)	Alan Gall	92	Hugh Buchanan	85	John Millar	80	Hugh Kerr	76
	18:07	18:07	35:34	17:27	53:53	18:19	1:11:08	17:15
77 Motherwell AC "B"	Graham Hawkins	88	Nicholas Hughes	83	Richard Hughes	77	Douglas O'Hare	77
	17:55	17:55	35:15	17:20	52:58	17:43	1:11:16	18:18
78 Kirkintilloch Oly "C"	Alan Caldwell	102	Neil McCover	87	Martin Hamilton	84	Craig MacWilliam	78
	19:06	19:06	36:11	17:05	54:23	18:12	1:12:09	17:46
79 Clydesdale Harriers "C"	Iain Robertson	73	Brian Campbell	75	Zahid Zafar	83	Peter Rudzinski	79
	16:49	16:49	33:57	17:08	54:22	20:25	1:13:17	18:55
80 City of Edinburgh "E"	Alex MacEwen	107	Robert Morris	94	Kevin Andison	86	John Blair	80
	19:48	19:48	37:23	17:35	55:46	18:23	1:13:45	17:59
81 Greenock Glenpark "C"	James Cuffe	91	Steven Deane	97	Douglas Campbell	87	Stephen Peacock	81
	18:07	18:07	37:37	19:30	56:01	18:24	1:13:52	17:51
82 JW Kilmarnock "B"	Scott Martin	83	Eric Dickson	90	Edward Bellomo	92	Graham Cairns	82
	17:21	17:21	36:35	19:14	57:37	21:02	1:14:12	16:35
83 Bellahouston RR "C"	Ian Goudie	101	Jonathon Slow	101	Scott Johnston	89	Tony Cairns	83
	19:04	19:04	38:55	19:51	56:59	18:04	1:14:19	17:20
84 Central AC "F"	David Hay	74	George McHardy	89	James Drummond	90	Philip Williams	84
	16:53	16:53	36:27	19:34	57:08	20:41	1:14:35	17:27
85 Hunters Bog T "B"	Ivor Normand	78	Ian Marshall	95	Julian Warman	96	Craig Hunter	85
	17:02	17:02	37:25	20:23	59:03	21:38	1:14:44	15:41
86 Calderglen H "C"	Edward Reid	93	Graham Lindsay	88	Russell Couper	85	Colin Banks	86
	18:12	18:12	36:20	18:08	55:23	19:03	1:14:58	19:35
87 Kirkintilloch Oly "D"	Christopher Craig	105	Kenneth McNeil	100	Colin Lynn	91	Jim McLoone	87
	19:22	19:22	38:37	19:15	57:22	18:45	1:15:47	18:25
88 Westerlands CCC "B"	Gibson Fleming	94	Blair Millen	96	John Donnelly	97	Graeme Orr	88
	18:15	18:15	37:29	19:14	59:06	21:37	1:20:12	21:06
89 Fife AC "G"	John Keenlyside	108	David Shepherd	98	Graham Bennison	94	Alastair Robertson	89
	19:56	19:56	38:20	18:24	58:51	20:31	1:20:36	21:45
90 Greenock Glenpark "D" (V)	Duncan MacNeill	84	Richard Hodelet	92	Thomas Knight	93	James Sheridan	90
	17:26	17:26	37:08	19:42	58:33	21:25	1:23:15	24:42
Falkirk Victoria H "A"	Alexander Davidson	32	Andrew Ronald	31	Gary Smith	27		
	15:02	15:02	30:02	15:00	45:05	15:03		

National CC Relays 22nd October 2005 - Senior Males Results

Corstorphine AAC "C"	Grant Wilkie	57	Alex Cumming	68	John O'Hara	74
	16:05	16:05	32:52	16:47	52:24	19:32
Garscube H "B"	Robert Cuthbertson	77	Stephen Cullen	86	James Taylor	76
	17:02	17:02	35:41	18:39	52:57	17:16
Lothian RC "C"	Alan Shanley	103	Jim Salvage	79	Peter Weeks	79
	19:08	19:08	34:52	15:44	53:39	18:47
Giffnock North "D"	Gordon Thomson	87	Steven Campbell	82	Martin Myant	81
	17:48	17:48	35:13	17:25	54:02	18:49
Carnegie H "D"	Garry Taylor	99	Stephen Greer	99	Paul Arnott	88
	18:44	18:44	38:32	19:48	56:12	17:40
Irvine AC "D"	James Sneddon	79	Imran Ali	77	Iain Hamilton	95
	17:06	17:06	34:25	17:19	58:56	24:31
Edinburgh Uni "B"	Robert Kerr	39	Will Bailey	43		
	15:16	15:16	31:31	16:15		
Shettleston Harriers "D"	Allan Sneddon	53	Denis Williams	49		
	15:46	15:46	32:00	16:14		
Victoria Park AAC "C"	Duncan Thomson	62	Gerard Craig	63		
	16:11	16:11	32:36	16:25		
Central AC "G"	David Armour	98	Cameron Campbell	91		
	18:42	18:42	36:50	18:08		
Calderglen H "D"	Malcolm Buchanan	109	Colin Macdonald	102		
	21:18	21:18	42:36	21:18		
Ferranti AAC "B"	Jim Leach	90				
	18:05	18:05				
East Kilbride AAC "B"	Michael Browne	95				
	18:19	18:19				
Fife AC "F"	Trevor Jones	97				
	18:21	18:21				
Stirling Univ AC "C"	Matt Liniker	96				
	18:21	18:21				
Pitreavie AAC "D"	Barry McCleery	100				
	18:57	18:57				
Victoria Park AAC "B"	Robert Daly	104				
	19:12	19:12				
Kilbarchan AAC "D"	Robert Connell	106				
	19:35	19:35				